

	Serving Size	Calories	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein
Almond Joy	16oz	307.5	8.5g	5g	0g	35mg	140mg	47g	2g	47g	9g
Caramel Crème	16oz	325	9g	5g	0g	40mg	232.5mg	53g	0g	44.5g	8g
Heath Bar	16oz	315	8.5g	5g	0g	37.5mg	165mg	48g	2g	44.5g	9g
Mayan Mocha	16oz	315	8.75g	5g	0g	35mg	150mg	47g	2g	47g	9.5g
Milky Way	16oz	320	8.75g	5g	0g	37.5mg	175mg	49.5g	2g	46g	9g
Mocha	16oz	315	8.75g	5g	0g	35mg	150mg	47g	2g	47g	9.5g
Peppermint Patty	16oz	308	8.5g	5g	0g	35mg	140mg	47g	2g	47g	9g
Raspberry Bon Bon	16oz	305	8.5g	5g	0g	35mg	140mg	46.5g	2g	46g	9g
Snickers	16oz	310	8.5g	5g	0g	37.5mg	165mg	48.5g	2g	45g	8.5g
White Out	16oz	315	8g	5g	0g	35mg	247.5mg	50g	0g	45.5g	8g
*Vanilla Latte	16oz	250	8g	5g	0g	35mg	120mg	36g	0g	36g	8g
Latte	16oz	150	8g	5g	0g	35mg	120mg	11g	0g	11g	8g
Cappuccino	16oz	150	8g	5g	0g	35mg	120mg	11g	0g	11g	8g
Café au Lait	16oz	75	4g	2.5g	0g	17.5mg	60mg	5.5g	0g	5.5g	4g
Chai Latte	16oz	165	4g	2.5g	0g	17.5mg	90mg	27.5g	0g	24.5g	4g
Sugar Free Chai Latte	16oz	75	4g	2.5g	0g	17.5	60mg	6.5g	0g	5.5g	4g
Strawberry Fruit Smoothie	16oz	420	0g	0g	0g	0mg	0mg	110g	0g	108g	0g
Peach Fruit Smoothie	16oz	340	0g	0g	0g	0mg	0mg	88g	1g	82g	0g
Hot Chocolate	16oz	370	9g	5g	0g	35mg	160mg	59g	4g	59g	10g

Our nutrition information reflects drinks made with whole milk and no whipped cream.

**All Monin Syrup flavored latte nutrition informations is equal to the Vanilla Latte*